



GLUTEN-FREE

Starters

Hummus & Vegetables, chick peas & paprika, beets, feta & walnuts, roasted eggplant puree....11. ⁹⁵

Burrata, red quinoa, brussels sprouts, pumpkin, cranberries, vincotto....14. ⁹⁵

Salads

Kale Caesar, green kale & romaine, black pepper-parmesan crisp ...9. ⁹⁵

Chopped Salad, romaine, radicchio, baby greens, smoked bacon, spicy cashews, cherry tomatoes, cucumbers, bleu cheese ...11. ⁹⁵

Arugula & Goat Cheese Salad, Asian pears, pumpkin seeds, honey-toasted oats, red-wine vinaigrette...11. ⁹⁵

Farmers Salad, beets, figs, feta cheese, pistachio, mixed greens, balsamic vinaigrette ...11. ⁹⁵

Main

Blackened Mahi Mahi grits, corn, braised Tuscan kale & tomatoes ...\$29.95

Baja Fish Tacos, marinated swordfish, corn tortillas, cabbage slaw, cilantro, lime, tomatillo salsa verde, pico de gallo, sour cream ...26. ⁹⁵

Roasted Goffle Farm's Chicken, pumpkin & brussels sprouts risotto, pumpkin seeds, cranberry & parmesan...22.95



VEGETARIAN

Starters

Hummus, Vegetables, & Pita, chick peas & paprika, beets, feta & walnuts, roasted eggplant puree....11. ⁹⁵

Burrata, red quinoa, brussels sprouts, pumpkin, cranberries, vincotto, sourdough crisp...14. ⁹⁵

Avocado Toast, feta cheese, corn, cherry tomatoes, grilled filone...12. ⁹⁵

Salads

Kale Caesar, green kale & romaine, black pepper-parmesan crisp ...9. ⁹⁵

Chopped Salad, romaine, radicchio, baby greens, spicy cashews, cherry tomatoes, cucumbers, bleu cheese ...11. ⁹⁵

Arugula & Goat Cheese Salad, Asian pears, pumpkin seeds, honey-toasted oats, red-wine vinaigrette...11. ⁹⁵

Farmers Salad, beets, figs, feta cheese, pistachio, mixed greens, balsamic vinaigrette ...11. ⁹⁵

Main

Vegetable & Lentil Curry
5 grain pilaf, sunflower seeds, yogurt, pita...19.95

Black Bean Tostada
pico de gallo, avocado, queso fresco, sour cream, jalapeno, rice...19. ⁹⁵